

AGENDA ITEM:

**HEALTH SCRUTINY PANEL
28 OCTOBER 2008**

**EMOTIONAL WELLBEING & MENTAL HEALTH
IN MIDDLESBROUGH
EVIDENCE FROM THE CHILDREN'S TRUST**

PURPOSE OF THE REPORT

1. To introduce representation from the Middlesbrough Children's Trust, in attendance at today's Panel meeting to assist the Panel in its consideration of young people's mental health.

RECOMMENDATIONS

2. That the Health Scrutiny Panel notes the content of the evidence presented today and incorporates it into its overall review.

CONSIDERATION OF REPORT

3. Members of the Health Scrutiny Panel will be aware that Panel has been considering the topic of Emotional Wellbeing & Mental Health in Middlesbrough. The Panel previously expressed a wish to have a dedicated chapter in its Final Report addressing issues specific to young people's mental health.
4. At the Panel's last meeting, which was specifically focussed on young people's mental health, it took evidence from the Mayor, and the national charity Young Minds. Following those discussions, the Panel felt it important to talk to the Children's Trust before it finalised its evidence in relation to Young People.
5. To this end, representatives of the Children's Trust will be in attendance at today's meeting. On behalf of the Panel, the representatives of the Children's Trust have been asked to consider the following questions in preparation for today's meeting.
 - 5.1 What activity is the Children's Trust currently involved in promoting the emotional wellbeing & mental health of children and young people?

- 5.2 What would the Children's Trust like to do in the future to promote the emotional wellbeing & mental health of children and young people?
- 5.3 What does the Children's Trust think the local health and social care economy should look to be doing in the next 3 to 5 years to promote the emotional wellbeing and good mental health of young people in Middlesbrough?
6. By way of background to Children's Trusts, all local authority areas were required to have in place Children's Trust arrangements by April 2008 as part of the Government's wider agenda for children and young people and as set out in its national publication: Every Child Matters: Next Steps.
7. The main purpose of the Children's Trust is to bring together all of the organisations delivering services to children and young people in order to improve communication, share information, integrate services and achieve better outcomes for all children and young people¹. The Children's Trust representatives at today's meeting will talk Members through a range of issues, highlighting that this topic is a priority within the Children and Young People's Plan. Today's briefing will also cover the links to other priorities, the preventative work taking place around young people's mental health, some detail on Tier 2 and Tier 3 mental health services and the identified gaps that need addressing. There will also be information supplied with respect to the next steps for the Children and Young People's Trust
8. After today's meeting, it is anticipated that the Panel's secretariat will gather together the significant amount of documentary information that has been provided during the review, for the Panel's attention. In addition, the Panel will be hosting a roundtable debate with Directors of Public Health & Commissioning representatives from the PCT, to discuss the future of local mental health services. It is anticipated that after this discussion and consideration of documentary evidence, the Panel will move towards the production of a Final Report.

BACKGROUND PAPERS

9. Please see the Children & Young People's Plan, Middlesbrough 2007/8.

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¹ Please see the Children & Young People's Plan, Middlesbrough 2007/8.